



NUTRITIONAL INFORMATION

Product	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat
BURGERS & SANDWICHES																			
All American Cheeseburger	380	140	15	7	1	40	1160	37	2	8	17			X			X		X
Smoky BBQ Bacon Buford	900	580	64	24	1.5	140	1860	37	2	7	40	X		X			X		X
Smoky BBQ Bacon Buford Triple	1340	940	105	35	2	205	2500	40	2	9	54	X		X			X		X
Big Buford®	660	350	39	18	2	115	1730	39	2	9	38			X			X		X
Big Buford Triple™	890	550	61	27	3	165	1870	40	9	7	50	x		x			x		x
Baconzilla!®	910	560	62	24	3	145	1670	43	3	7	46	X		X			X		X
Baconzilla! Triple™	1080	670	74	31	4	170	1790	42	4	7	61	X		X			X		X
Checker/Rallyburger®	320	110	12	4.5	1	30	940	39	2	9	15	X		X			X		X
Double Checker/Rallyburger™ w/Cheese	690	410	46	18	3	110	1040	30	2	8	37	X		X			X		X
Cheese Champ®	430	190	21	9	1	60	1430	39	2	9	22	X		X			X		X
Fry Lovers Double	670	350	39	14	2	80	1780	49	3	9	28	X		X			X		X
Grilled Hot Dog	360	180	20	8	1	35	940	30	1	7	13			X			X		X
Chili Dog	390	200	22	9	1	40	1100	33	2	8	15			X			X		X
CHICKEN & FISH																			
Classic Mother Cruncher Chicken Sandwich™	690	330	37	9	1	165	2380	60	2	10	28	X		X			X		X
Bacon BBQ Mother Cruncher Chicken Sandwich™	1120	720	80	20	1.5	200	2630	69	3	13	33	X		X			X		X
Crispy Fish Sandwich	530	260	29	7	0.5	50	760	52	2	8	15	X	Pollock						X
Deep Sea Double®	640	280	31	11	0	95	1170	63	5	5	25	X	X	X			X		X
Chicken Bites and Fries Box	710	360	40	14	2	85	1680	64	6	0	24	X		X					X
Half Pound Chicken Bites and Fries Box	1150	600	67	23	3	160	2780	89	9	0	46	X		X					X
Spicy Chicken Sandwich	340	120	13	4	0	35	840	40	2	5	15	X		X					X
Double Spicy Chicken	550	260	28	11	1	80	1560	48	3	6	27	X		X			X		X
Chicken Wings, Plain - 5 pc.	350	200	23	7	0	180	760	2	0	0	35								
Chicken Wings, Angry Buffalo - 5 pc.	360	210	23	7	0	180	1530	3	1	0	35								
Chicken Wings, Medium Buffalo - 5 pc.	360	210	23	7	0	180	1630	3	0	0	35								
Chicken Wings, Lemon Pepper - 5 pc.	350	180	20	7	0	160	2280	2	0	0	31								
Chicken Wings, Garlic Parmesan - 5 pc.	510	360	40	14	0.5	180	1080	3	0	0	35			X			X		
Chicken Wings, Sweet & Smoky BBQ - 5 pc.	430	200	23	7	0	180	1050	19	1	16	35								
Chicken Wings, Plain - 10 pc.	690	400	44	14	0.5	350	1500	4	0	0	68								
Chicken Wings, Angry Buffalo - 10 pc.	710	410	45	15	0.5	350	3030	6	1	0	69								
Chicken Wings, Medium Buffalo - 10 pc.	700	410	45	15	0.5	350	3240	5	0	0	69								
Chicken Wings, Lemon Pepper - 10 pc.	700	370	41	13	0.5	325	3420	3	0	0	63								
Chicken Wings, Garlic Parmesan - 10 pc.	1010	710	79	27	1	355	2150	6	0	0	69			X			X		
Chicken Wings, Sweet & Smoky BBQ - 10 pc.	840	400	44	14	0.5	350	2080	38	1	31	69								
Chicken Wings, Plain - 20 pc.	1380	800	89	29	1.5	700	3000	8	0	0	136								
Chicken Wings, Angry Buffalo - 20 pc.	1420	820	91	29	1.5	700	6070	13	3	0	137								
Chicken Wings, Medium Buffalo - 20 pc.	1410	820	91	29	1.5	700	6490	10	0	1	137								
Chicken Wings, Lemon Pepper - 20 pc.	1400	740	82	27	1.5	645	6840	7	0	0	126								
Chicken Wings, Garlic Parmesan - 20 pc.	2040	1420	158	55	2.5	710	4290	13	0	0	139			X			X		
Chicken Wings, Sweet & Smoky BBQ - 20 pc.	1690	800	89	29	1.5	700	4150	76	3	62	138								
Boneless Wings, Plain - 5 pc.	310	130	14	6	0.5	60	1310	22	2	0	24	X							X
Boneless Wing, Angry Buffalo - 5 pc.	320	135	14	6	0.5	60	2080	23	3	0	24	X							X
Boneless Wings, Medium Buffalo - 5 pc.	315	135	14	6	0.5	60	2180	23	2	0	24	X							X
Boneless Wings, Lemon Pepper - 5 pc.	310	130	14	6	0.5	60	2830	22	2	0	24	X							X
Boneless Wings, Garlic Parmesan - 5 pc.	470	290	31	12	0.5	65	1630	23	2	0	25	X							X
Boneless Wings, Sweet & Smoky BBQ - 5 pc.	390	130	14	6	0.5	60	1600	39	3	16	24	X							X
Boneless Wings, Plain - 10 pc.	630	260	29	12	1.5	120	2620	45	5	1	48	X							X
Boneless Wings, Angry Buffalo - 10 pc.	645	267	29	12	1.5	120	3775	47	7	1	48	X							X
Boneless Wings, Medium Buffalo - 10 pc.	640	267	29	12	1.5	120	3927	47	5	1	48	X							X
Boneless Wings, Lemon Pepper - 10 pc.	630	260	29	12	1.5	120	4245	45	5	1	48	X							X
Boneless Wings, Garlic Parmesan - 10 pc.	870	500	55	21	1.5	128	3100	47	5	1	50	X							X
Boneless Wings, Sweet & Smoky BBQ - 10 pc.	750	260	29	12	1.5	120	3055	71	7	25	48	X							X
Boneless Wings, Plain - 20 pc.	1260	520	57	24	3	240	5240	89	10	1	96	X							X

Boneless Wings, Angry Buffalo - 20 pc.	1290	534	58	24	3	240	7550	94	14	2	96	X						X
Boneless Wings, Medium Buffalo - 20 pc.	1280	534	58	24	3	240	7854	94	10	2	96	X						X
Boneless Wings, Lemon Pepper - 20 pc.	1260	520	57	24	3	240	8490	89	10	1	96	X						X
Boneless Wings, Garlic Parmesan - 20 pc.	1870	1000	110	42	3	256	6200	94	10	2	100	X						X
Boneless Wings, Sweet & Smoky BBQ - 20 pc.	1500	520	58	24	3	240	6110	142	14	50	96	X						X
LOCAL FLAVORS																		
B.L.T.	280	100	11	3	0	15	590	35	1	6	11							X
Bowl of Chili, 12 fl oz.	380	180	20	9	0.5	65	1800	26	9	8	23							
Chili Cheeseburger	340	130	14	6	1	35	660	36	2	6	17			X				X
Mushroom Swissburger	350	140	15	6	1	40	1330	35	2	5	18			X		X		X
Double Mushroom Swissburger	470	220	25	11	2	70	1420	35	2	5	28			X		X		X
Bacon Cheddar Crisp	440	240	27	10	0.5	60	960	28	1	6	19			X		X		X
Bacon Cheddar Crisp Double	670	430	48	20	1	115	1470	29	1	6	31			X		X		X
Chicken Nuggets - 10 pc.	500	280	32	14	0	90	1160	28	2	0	24	X		X				X
Double Olive Burger	500	240	26	11	2	60	1700	39	2	9	25			X				X
Olive Burger	370	150	17	6	1	30	1580	38	2	8	15			X				X
Beef Tacos (2)	550	310	35	15	1	85	1260	35	3	3	25			X				X
Apple Pie, 1	270	100	12	5	0	5	310	38	2	14	3						X	X
SAUCES & DRESSINGS																		
Angry Buffalo, 1 fl oz. – wing sauce	10	5	0	0	0	0	770	1	1	0	0							
Sweet & Smoky BBQ Sauce, 1 fl oz. – wing/burger sauce	80	0	0	0	0	0	290	17	1	16	0							
Medium Buffalo Sauce, 1 fl oz. – wing sauce	5	5	0	0	0	0	870	1	0	0	0							
Parmesan Garlic, 1 fl oz. – wing sauce	160	160	17	6	0	5	320	1	0	0	1			X		X		
Lemon Pepper Seasoning, 0.25 fl oz. – wing seasoning	0	0	0	0	0	0	1520	0	0	0	0							
Ranch Dressing, 1 fl oz.– burger sauce	150	126	14	2	0	5	240	4	0	3	0	X		X				
BBQ Sauce Dipper, 1 each pc.	60	0	0	0	0	0	300	15	0	12	0							
Frank's® Buffalo Hot Sauce Dipper, 1 each pc.	10	0	0	0	0	0	730	1	1	0	0							
Blue Cheese Dipping Sauce, 1 each pc.	230	220	24	4.5	0	25	450	2	0	1	1	X		X				
Honey Mustard Dipper, 1 each pc.	160	140	16	2.5	0	15	135	4	0	4	0							
Ranch Dipping Sauce Dipper, 1 each pc.	210	210	23	3.5	0	10	440	2	0	1	1	X		X				
FRIES & SIDES																		
Fries - Small	390	170	19	7	1	20	870	49	5	0	5			X				X
Fries - Medium	500	220	24	9	1	25	1110	63	6	0	7			X				X
Fries - Large	590	260	29	10	1.5	30	1310	74	7	1	8			X				X
Fries - Fry Lover's XL	910	400	45	16	2	50	2030	115	12	1	12			X				X
Cheese Chili Cheese Fries®	420	220	25	9	0	15	1290	43	5	2	7			X				X
Fully Loaded Fries	870	510	56	16	1.5	70	2190	72	7	3	19	X		X				X
Monsterella Stix™, 4 pc. w/ 1 portion cup Marinara	280	150	17	8	0.5	35	1060	20	1	3	12	x		x			x	x
Monsterella Stix™, 6 pc. w/ 1 portion cup Marinara	420	230	25	13	1	50	1530	29	2	3	18	x		x			x	x
Bacon, 2 Slices	70	50	6	2	0	10	170	1	0	0	4							
Cheese Sauce	35	20	2.5	1	0	0	180	2	0	1	0			X				
Chili, 1 fl oz.	30	15	1.5	1	0	5	150	2	1	1	2							
Grilled Onions	10	0	0	0	0	0	25	2	1	1	0							
DESSERTS & SHAKES / SWEET SIDES																		
Milkshake - Banana, Small 16 fl oz.	350	90	10	7	0	35	200	58	1	48	7			X				
Milkshake - Banana, Medium 22 fl oz.	460	120	13	9	0	45	260	77	2	63	9			X				
Milkshake - Banana, Large 32 fl oz.	700	180	20	14	0	65	390	117	3	95	14			X				
Milkshake - Chocolate, Small 16 fl oz.	380	100	11	8	0	35	240	64	2	49	8			X				
Milkshake - Chocolate, Medium 22 fl oz.	470	120	13	9	0	45	290	79	2	60	10			X				
Milkshake - Chocolate, Large 32 fl oz.	720	180	20	14	0	65	440	120	3	92	15			X				
Milkshake - Strawberry, Small 16 fl oz.	350	90	10	7	0	35	190	57	1	46	7			X				
Milkshake - Strawberry, Medium 22 fl oz.	460	120	13	9	0	45	250	75	2	61	9			X				
Milkshake - Strawberry, Large 32 fl oz.	690	180	20	14	0	65	380	114	3	93	14			X				
Milkshake - Vanilla, Small 16 fl oz.	290	90	10	7	0	35	180	44	1	33	7			X				
Milkshake - Vanilla, Medium 22 fl oz.	390	120	13	9	0	45	240	57	2	44	9			X				
Milkshake - Vanilla, Large 32 fl oz.	590	180	20	14	0	65	370	87	3	66	14			X				
Funnel Cake Fries	370	200	23	9	1	30	250	38	0	16	2	X		X		X		X
Fudge Cheesecake Sundae	500	150	17	12	0	45	510	79	0	62	8			X				X
Caramel Cheesecake Sundae	460	140	15	10	0	50	460	73	0	53	8			X				X
Strawberry Cheesecake Sundae	470	130	15	9	0	45	460	77	1	60	8			X				X
Wicked Strawberry Soft Serve Cone-Swirl	230	40	4	2.5	0	50	320	33	0	13	14			X		X		X
Wicked Strawberry Soft Serve Cone-Classic	200	10	1	0	0	70	460	29	0	2	21			X		X		X
Soft Serve - Vanilla	130	40	4.5	3	0	15	85	20	1	15	3			X				
Cake Cone	20	0	0	0	0	0	5	4	0	0	0			X		X		X
Fudge Sundae Topping, 1 fl oz.	90	20	2.5	2	0	0	60	17	0	16	1			X				
Strawberry Sundae Topping, 1.8 fl oz.	60	0	0	0	0	0	15	16	1	13	0							
Caramel Sundae Topping, 0.5 fl oz.	45	5	0	0	0	0	0	10	0	6	0			X				
Graham Sundae Topping, 0.6 fl oz.	60	0	0	0	0	0	130	15	0	6	0							X
Cheesecake Filling, 1 fl oz.	80	50	6	3.5	0	15	95	6	0	5	1			X				

SMOOTHIES & SLUSHIES / CHILL STOP

Fanta® Slushie - Fruit Punch, Regular 16 fl oz.	220	0	0	0	0	0	105	55	0	55	0								
Fanta® Slushie - Fruit Punch, Large 21 fl oz.	300	0	0	0	0	0	140	76	0	76	0								
Fanta® Slushie - Watermelon, Regular 16 fl oz.	220	0	0	0	0	0	105	55	0	55	0								
Fanta® Slushie - Watermelon, Large 21 fl oz.	300	0	0	0	0	0	140	76	0	76	0								
Fanta® Slushie - Blue Raspberry, Regular 16 fl oz.	220	0	0	0	0	0	110	55	0	55	0								
Fanta® Slushie - Blue Raspberry, Large 21 fl oz.	300	0	0	0	0	0	160	76	0	76	0								
Big Surf Slushie™ Regular 16 fl oz.	430	40	4.5	3.5	0	15	220	98	1	80	4								X
Big Surf Slushie™ Large 21 fl oz.	500	40	4.5	3.5	0	15	250	115	1	95	4								X

ICE COLD DRINKS

Dasani®	0	0	0	0	0	0	0	0	0	0	0								
Barq's® Root Beer, Small 20 fl oz.	180	180	180	180	180	180	180	180	180	180	180								
Barq's® Root Beer, Medium 30 fl oz.	270	0	0	0	0	0	90	73	0	73	0								
Barq's® Root Beer, Large 37.5 fl oz.	330	0	0	0	0	0	110	91	0	91	0								
Cherry Coca-Cola®, Small 20 fl oz.	190	0	0	0	0	0	45	47	0	47	0								
Cherry Coca-Cola®, Medium 30 fl oz.	280	0	0	0	0	0	70	70	0	70	0								
Cherry Coca-Cola®, Large 37.5 fl oz.	350	0	0	0	0	0	85	88	0	88	0								
Coca-Cola®, Small 20 fl oz.	180	0	0	0	0	0	45	45	0	45	0								
Coca-Cola®, Medium 30 fl oz.	270	0	0	0	0	0	65	67	0	67	0								
Coca-Cola®, Large 37.5 fl oz.	340	0	0	0	0	0	85	84	0	84	0								
Diet Coke®, Small 20 fl oz.	0	0	0	0	0	0	55	0	0	0	0								
Diet Coke®, Medium 30 fl oz.	0	0	0	0	0	0	85	1	0	0	0								
Diet Coke®, Large 37.5 fl oz.	0	0	0	0	0	0	105	1	0	0	0								
Fanta® Grape, Small 20 fl oz.	180	0	0	0	0	0	60	44	0	44	0								
Fanta® Grape, Medium 30 fl oz.	270	0	0	0	0	0	85	66	0	65	0								
Fanta® Grape, Large 37.5 fl oz.	330	0	0	0	0	0	110	83	0	82	0								
Fanta® Orange, Small 20 fl oz.	180	0	0	0	0	0	45	45	0	44	0								
Fanta® Orange, Medium 30 fl oz.	270	0	0	0	0	0	65	68	0	66	0								
Fanta® Orange, Large 37.5 fl oz.	340	0	0	0	0	0	85	85	0	83	0								
Fanta® Strawberry, Small 20 fl oz.	190	0	0	0	0	0	95	48	0	47	0								
Fanta® Strawberry, Medium 30 fl oz.	290	0	0	0	0	0	140	72	0	71	0								
Fanta® Strawberry, Large 37.5 fl oz.	360	0	0	0	0	0	170	90	0	89	0								
Gold Peak® Premium Unsweetened Tea, Small 20 fl oz.	0	0	0	0	0	0	55	0	0	0	0								
Gold Peak® Premium Unsweetened Tea, Medium 30 fl oz.	0	0	0	0	0	0	85	0	0	0	0								
Gold Peak® Premium Unsweetened Tea, Large 37.5 fl oz.	0	0	0	0	0	0	105	0	0	0	0								
Gold Peak® Southern Style Tea, Small 20 fl oz.	170	0	0	0	0	0	55	42	0	42	0								
Gold Peak® Southern Style Tea, Medium 30 fl oz.	260	0	0	0	0	0	80	62	0	62	0								
Gold Peak® Southern Style Tea, Large 37.5 fl oz.	330	0	0	0	0	0	100	78	0	78	0								
Hi-C® Flashin Fruit Punch, Small 20 fl oz.	190	0	0	0	0	0	80	47	0	46	0								
Hi-C® Flashin Fruit Punch, Medium 30 fl oz.	280	0	0	0	0	0	125	71	0	69	0								
Hi-C® Flashin Fruit Punch, Large 37.5 fl oz.	350	0	0	0	0	0	150	89	0	87	0								
Hi-C® Orange Lavaburst, Small 20 fl oz.	190	0	0	0	0	0	45	47	0	46	0								
Hi-C® Orange Lavaburst, Medium 30 fl oz.	280	0	0	0	0	0	65	71	0	69	0								
Hi-C® Orange Lavaburst, Large 37.5 fl oz.	350	0	0	0	0	0	85	89	0	87	0								
Mello Yello®, Small 20 fl oz.	190	0	0	0	0	0	55	49	0	49	0								
Mello Yello®, Medium 30 fl oz.	290	0	0	0	0	0	85	73	0	73	0								
Mello Yello®, Large 37.5 fl oz.	360	0	0	0	0	0	105	91	0	91	0								
Minute Maid® Lemonade, Small 20 fl oz.	170	0	0	0	0	0	110	42	0	40	0								
Minute Maid® Lemonade, Medium 30 fl oz.	250	0	0	0	0	0	160	63	0	60	0								
Minute Maid® Lemonade, Large 37.5 fl oz.	310	0	0	0	0	0	200	79	0	75	0								
Pibb Xtra®, Small 20 fl oz.	170	0	0	0	0	0	60	42	0	42	0								
Pibb Xtra®, Medium 30 fl oz.	250	0	0	0	0	0	90	63	0	63	0								
Pibb Xtra® Large 37.5 fl oz.	310	0	0	0	0	0	110	79	0	79	0								
POWERAde® Mountain Berry Blast, Small 20 fl oz.	100	0	0	0	0	0	125	24	0	24	0								
POWERAde® Mountain Berry Blast, Medium 30 fl oz.	150	0	0	0	0	0	190	37	0	37	0								
POWERAde® Mountain Berry Blast, Large 37.5 fl oz.	190	0	0	0	0	0	230	46	0	46	0								
Sprite®, Small 20 fl oz.	170	0	0	0	0	0	80	42	0	42	0								
Sprite®, Medium 30 fl oz.	250	0	0	0	0	0	120	63	0	62	0								
Sprite®, Large 37.5 fl oz.	320	0	0	0	0	0	150	79	0	78	0								

